

dance nova scotia  
presents

# a JIG 'n' a REEL



**A Resource  
For  
Scottish  
Country  
Dancing  
In Schools**

**Dance Nova Scotia  
A Jig 'n' A Reel  
A Resource For Scottish Country Dancing In Schools**

**THE KINGSTON FLYER  
THE MAYFLOWER  
THE HIGHLANDMAN'S UMBRELLA**

Music performed by The MacAdians under the direction of Duncan Keppie.  
Arrangements of traditional tunes by Duncan Keppie.

Technical Producer/Engineer: Barry Fraser

Producer: Ray Whitley

Additional Editing: Dan Mombourquette

CD Mastering: Put It On CD

Recorded at the studio of Learning Resources and Technology, Nova Scotia Department of Education.  
"A Jig 'n' A Reel" is a joint project of Dance Nova Scotia and the Nova Scotia Department of Education.